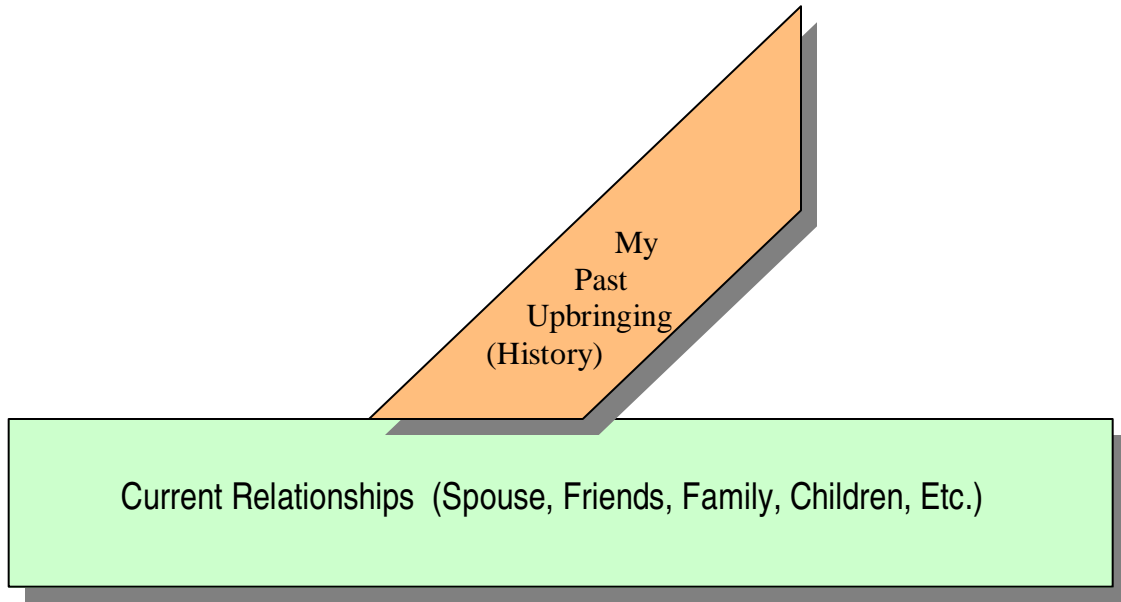


*What am I bringing from yesterday
That is getting in the way of today?*



NEGATIVE PARTS OF MY PAST
(Behaviors, Attitudes I Learned, examples
I watched and learned from)

1.

2.

3.

4.

5.

HOW IT IS AFFECTING MY PRESENT
(My behaviors, attitudes, etc. which affect
my present relationships)

1.

2.

3.

4.

5.